

Moreland-West San José Community Center

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Bus Line: 26

Types of Programs: Fee classes, open gym, special events, wheelchair sports, youth programs, and adult basketball.

ARTS AND CRAFTS

My First Art Class \$43

Spend quality time with your toddler creating art and having fun together! Each week will feature a new theme with five art stations all consisting of new and exciting projects. The class ends on a musical note with lots of singing and dancing and having too much fun! Parents must attend class with registered child only. **Location:** Room 1

Instructor: My First Art Class

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.115	T	4/11-5/9	9:30-10:30am	18-36m	4	MW
294.4.116	T	4/11-5/9	10:45-11:45am	2-5	4	MW
294.4.118	T	5/16-6/6	9:30-10:30am	18-36m	4	MW
294.4.119	T	5/16-6/6	10:45-11:45am	2-5	4	MW

DANCE

Tap / Ballet \$86

In this joyful combination class of ballet and tap, routines, steps, and ballet positions will be taught. Come shuffle those happy feet and learn some basic tap steps and routines. A fun class for everyone, it also builds self-confidence, grace, coordination, and a sense of rhythm, flexibility and more! **Location:** Room 2

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg	Loc
294.4.211	T	4/11-5/30	3-3:45pm	3-5	8	MW

Jazz Dance / Tap Combo \$86

Come join this great combination class of tap and jazz dance. Students will learn tap steps and routines along with energizing jazz moves and combinations to fun upbeat music! So put on your dancing shoes and let's jam. **Location:** Room 2

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg	Loc
294.4.212	T	4/11-5/30	4-5pm	5-8	8	MW

Dancin' Boogie Babies \$86

Come have some fun with your little one doing the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and show tunes like "Bingo," "Wheels on the Bus," "Head and Shoulders, Knees and Toes," and more. Jump, run, hop and boogie away with hula-hoops, balls, scarves, and beanbags. Come play with musical instruments, tunnels, balls, and parachute away. **Location:** Room 2

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg	Loc
294.4.217	W	4/12-5/31	9:30-10:15am	18-30m	8	MW

Tiny Tot Tap / Ballet Combo \$86

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and sense of rhythm. Ballet and tap shoes are recommended. **Location:** Room 2

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg	Loc
294.4.218	W	4/12-5/31	10:30-11:15am	3-5	8	MW

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 127.

Tiny Tots \$286

Introduce your child to new friendships, new concepts and lots of new fun! Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. This class will help your child prepare for preschool and kindergarten. Classes are designed to promote independence, and improve social, cognitive, and movement skills. Child must be completely toilet trained, and able to participate for the whole class time. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session. Food will be provided for class projects. **Location:** Room 1

Instructor: Howser

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.363	T/Th	4/11-6/15	9-11:30am	3-4	20	CB

Kinder Tots \$348

What better way for you to introduce your child to new friends, learning concepts and socialization with their neighborhood peers. Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is on fun. Child must be completely toilet trained, and able to participate for the whole class time. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session. Food will be provided for class projects. **Location:** Room 1

No Class 5/29

Instructor: Howser

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.362	M/W/F	4/10-6/16	9am-12pm	4-5	29	CB



MUSIC/THEATER ARTS

Beginning Guitar \$64

Beginning guitar is fun! In this self-paced, no pressure class, you will learn the basic chords, how to strum, introductions to picking and many easy songs to play with family and friends. It's up to you how far you want to go. Come and join the fun. Students must provide their own guitar. No electric guitars please. **Location:** Room 1

Instructor: Marchese

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.425	F	4/14-6/2	6:30-7:30pm	7-15	8	MW

Piano Keyboard - Level 1 \$93

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. **Location:** Room 2

No Class 5/29

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.401	M	4/10-6/19	3:15-4pm	7-10	10	MW

Piano Keyboard - Level 2 \$93

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.403	M	4/10-6/19	4-4:45pm	6-12	10	MW
294.4.404	M	4/10-6/19	4:45-5:30pm	6-12	10	MW

Piano Keyboard - Level 2 & 3 \$ 93

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.405	M	4/10-6/19	5:30-6:15pm	6-12	10	MW

SPECIALTY CLASSES

Light Flight Model-Airplane Building \$68

Do you like building and designing things? This class will engage and challenge your mind and hands. You will build and fly free flight model airplanes under the supervision of experts in the field of aerodynamics. There is a \$25 class supply fee payable with registration. **Location:** Room 1

No Class 5/29

Instructor: Young

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.647	M	4/10-6/5	3:30-5:30pm	10+	8	MW

SPORTS & FITNESS

Badminton \$78

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire: t-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class. **Location:** Gymnasium

No Class 4/29

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.512	Sa	4/15-6/3	4-5pm	6-10	8	MW
294.4.513	Sa	4/15-6/3	5-6pm	11-17	8	MW

Kids Love Soccer

\$75

Tot Soccer (3.5-4yrs) Young children will develop large motor skills while having fun running and kicking just like the big kids! **Presoccer (4-5yrs.)** Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. **Soccer 1 (5-6yrs.)** Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. **Soccer 2 (7-8yrs.) & Soccer 3 (9-12yrs.)** Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situations, venture into the fun tactical side of scrimmaging. Players 7-12 years will enjoy age appropriate soccer matches and be guided through the possibilities - Attack and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully. Kidz Love Soccer...where the score is always FUN to FUN! (Shin guards required after 1st meeting)

Rainout Hotline: 1-800-871-2275

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.561	W	4/12-5/31	3:20-3:50pm	3.5-4	8	HW
294.4.562	W	4/12-5/31	2:45-3:20pm	4-5	8	HW
294.4.563	W	4/12-5/31	3:50-4:35pm	5-6	8	HW
294.4.564	W	4/12-5/31	4:35-4:50pm	7-8	8	HW
294.4.565	W	4/12-5/31	4:50-5:20pm	4-5	8	HW

Sabre Fencing

\$85

EN GARDE! Learn the fun of the exciting sport of fencing! These classes will introduce you to one of the oldest Olympic sports in the world. Whether you are an adult or child, learn the fundamentals of sabre fencing, footwork, bladework, offensive and defensive maneuvers, get a great athletic workout at the same time. All equipment is included in the price of the class - no additional fees! You need only bring a water bottle, athletic clothing, non-skid athletic shoes, and the motivation to cross blades with your buddies (or your family). All instructors are professionally trained and certified. Are you ready? FENCE! **Location:** Room 1

Instructor: Carauduo

Beginner

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.587	Sa	4/15-6/17	4:15-5:30pm	8+	10	MW

Intermediate/Advanced

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.588	Sa	4/15-6/17	6-7:15pm	8+	10	MW

Tennis

\$65

Learn to play tennis! Basic play, technique, and skills will be emphasized. Participants should wear comfortable clothing and tennis shoes, and must provide their own tennis racquet. It is a good idea to bring a full water bottle to each class meeting. Students must bring 2 cans of NEW tennis balls to class. Please note that the class will not be held on rainy days. **Location:** Murdock Park Courts. **Note:** *Instructor typically will not hold class on the 2nd Saturday of each month.*

No Class 5/13

Instructor: Fernandez

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.517	Sa	4/15-5/27	2-2:45pm	5-7	6	MRC
294.4.518	Sa	4/15-5/27	3-4pm	8-12	6	MRC
294.4.519	Sa	4/15-5/27	4-5pm	8-12	6	MRC

ADULT CLASSES

Adult/Youth Guitar \$64

This class offers opportunity for an adult guardian and a youth to learn guitar together. Basic chord rounds, strum, and introduction to picking will be lessons. Time together can promote fun and growth in your relationship. Students must provide their own guitar. One guitar per youth and adult is acceptable. No electric guitars. Cost is per student.

Location: Room 1

Instructor: Marchese

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.743	F	4/14-6/2	7:45-8:45pm	9+	8	MW

Country Line Dance \$64

Come and find out how much fun it is to Line Dance. Lessons are easy and provide great exercise. You don't need a partner or any experience to dance. You will learn classic line dances and popular new ones. Hard-soled shoes work best and be sure to bring a water bottle.

Location: Room 2

No Class 5/23, 5/26, 5/30

Instructor: Muscolo

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.4.701	T	4/11-6/13	7:30-9pm	18+	8	MW
294.4.702	F	4/14-6/9	10-11:30am	18+	8	MW

Leisure Club West \$50

This club is a leisure education program designed to develop leisure awareness interests and social skills for individuals with developmental disabilities. Individuals must be able to understand simple directions and require minimal supervision. Snacks will be provided.

Location: Room 1

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.781	W	4/12-5/31	7-8:30pm	18+	8	MW

SPORT LEAGUES

Adult Basketball League

Basketball leagues run three seasons, Spring, Summer and Fall. Men's leagues for novice to skilled players are offered. Games are played Monday-Thursday at Alum Rock, Camden, Cambrian, Moreland-West and Alviso (San José) Centers. Games are scheduled for 7, 8, and 9pm. Times are subject to change. League registration fees include certified referees from Greensport, scorekeeper, balls and awards. An electronic game clock is also utilized. Contact City-Wide Sports Office for registration and questions at 408-369-3900.

Adult Basketball – Men's Competitive \$660

Course #	Day	Date	Time	Age	Mtg.	Loc.
	M-Th	Apr.-Jun.	7-10pm	18+	8	TBD

Adult Basketball – Men's Recreational \$660

Course #	Day	Date	Time	Age	Mtg.	Loc.
	M-Th	Apr.-Jun.	7-10pm	18+	8	TBD

Soccer League

\$38

A win-win soccer league with emphasis on participation, fundamental skills, teamwork and sportsmanship in a pressure free environment. Participants will receive a team shirt, an award and a end of the season pizza party with their team. **Soccer CLINIC:** Saturday, April 15, 2006. Schedules will be passed out at the clinic. Volunteer Coaches Needed! If interested in being a volunteer coach please indicate it on the registration form and include your shirt size. A big part of the sports league's success is having volunteers to coach the teams!

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.4.945	Sa	4/15-6/3	9-10am	4-5	8	SB
294.4.968	Sa	4/15-6/3	10:15-11:15am	6-8	8	SB
294.4.912	Sa	4/15-6/3	11:30am-12:30pm	9-12	8	SB

COMMUNITY NIGHTS

In the Moreland-West Gymnasium.

Drop-In Flight \$5 Adult (18+), \$3.50 Youth

Monday Evenings • Session I - 6-9pm

Youth Open Gym

Free

Friday Evenings • Session I - 6:30-9pm

The Moreland-West San José Community Center offers a free open Gym program for youth. Come join friends (and make new ones) for fun games on Friday nights. Activities can include basketball, board games, and a social area. Middle School/High School students welcome (School I.D. required).

Drop-In Badminton \$5 Adult (18+), \$3.50 Youth

Saturday Evenings • Session I - 6:30-8pm • Session II - 8:30-10pm

No Spectators

SPECIAL EVENT

Youth Advisory Council

Want to be a leading advocate for youth? Want to stock up on community service hours? How about socializing with other youth from all over the district? We're currently helping to design our new teen center at Starbird! Ask for Christina Liu at 408-277-2744.

Moreland-West SJ Community Center continues on the next page



The date, time and location of activities published are correct at the time of publication. Due to unforeseen circumstances, the information published may change.



STARBIRD TEEN CENTER

Starbird Teen Center

While the new Starbird Teen Center is being built the activities and program will continue at our new temporary locations and the West Valley Library and the Immanuel Presbyterian Church. Activities include ping-pong, tournaments, games, sports, arts & craft, field trip, special events and much more. Come hang out, meet new people and have fun! A nominal fee will apply to field trips.

Grades: Middle School & High School Students

Time: 3-6pm

Monday West San José Community Center
3707 Williams St., San José, CA 95117

Tuesday/Thursday West Valley Library (Community Room)
1243 San Tomas Aquino Rd., San José, CA 95117

Wednesday Immanuel Presbyterian Church
3675 Payne Ave., San José, CA 95117

Friday Night Open Gym 6:30-9pm

City of San José Moreland-West Community Center offers a free open gym program for Middle School and High School students. Come join friends (and make new ones) for fun on Friday nights. Activities include basketball, board games, and a social area.

SUMMER CAMP

Kids Love Soccer Camps \$78*/ 98**/ 172***

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.566	M-F	7/31-8/4	9-10:30am*	4.5-6	5	HW
294.1.567	M-F	7/31-8/4	9am-12pm**	7-8	5	HW
294.1.568	M-F	7/31-8/4	9am-12pm**	9-12	5	HW
294.1.569	M-F	7/31-8/4	9am-4pm***	5-12	5	HW

SJAS Summer Drop-In Recreation \$25

The summer drop-in recreation program is a fun, safe place for participants during the summer with activities that include arts and crafts, games, sports, special events, and field trips! Registration forms are available on site or can be picked up at Moreland-West Community Center. This is a drop-in recreation program and not a licensed child-care. Please note there is a one time \$25 registration fee. There may be a nominal fee for field trips. **Location:** TBD

No Recreation 7/4

Grades	Day	Date	Time	Loc.
1st-5th	M-F	6/26-8/18	9am-3pm	TBD



Keep the Activity Guide
handy as a reference or recycle it
by passing it along to a neighbor,
friend or coworker.

Summer Day Camp

\$158

This program consists of four (4) two week sessions. Each participant will receive a camp t-shirt, free admission and transportation for all trips, and a end of the session BBQ. Campers will enjoy a structured program consisting of arts & crafts, sports, games, and each session will have a theme week. Each participant needs to bring a bag lunch every day. All individuals registering for camp must have reached the minimum age specified on or before the first day of camp. This program is recreational in nature and is not a licensed day care. **SPACE IS LIMITED TO 100 PARTICIPANTS PER SESSION. Location:** Calabazas Park ~ 1207 S. Blaney Ave., San Jose, CA 95129 **Note:** Trip days may begin earlier and/or end slightly later. A notice will be sent home with campers for each trip.

No Camp 7/4

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.901	M-F	6/26-7/9	10am-4pm	6-12	9	CB
294.1.902	M-F	7/10-7/21	10am-4pm	6-12	10	CB
294.1.903	M-F	7/24-8/4	10am-4pm	6-12	10	CB
294.1.904	M-F	8/7-8/18	10am-4pm	6-12	10	CB

Extended Hours Program

\$48

This program is designed to give working parents the opportunity to bring their child(ren) before work and pick them up after work. Children will receive FREE breakfast/snack, play games, and much more. Space is Limited.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.905	M-F	6/26-7/9	8-10am	6-12	9	CB
294.1.906	M-F	6/26-7/9	4-6pm	6-12	9	CB
294.1.907	M-F	7/10-7/21	8-10am	6-12	10	CB
294.1.908	M-F	7/10-7/21	4-6pm	6-12	10	CB
294.1.909	M-F	7/24-8/4	8-10am	6-12	10	CB
294.1.910	M-F	7/24-8/4	10am-4pm	6-12	10	CB
294.1.911	M-F	8/7-8/18	8-10am	6-12	10	CB
294.1.913	M-F	8/7-8/18	4-6pm	6-12	10	CB

SKYHAWKS SUMMER CAMP

Mini-Hawk

\$110

An introductory program for young children, Mini-Hawk helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is trained to meet the special needs of young children. Staff are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 8:1.

Mini-Hawk participants must bring:

- Shin Guards
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle
- Shoes (running shoes are fine)
- Sunscreen

Mini-Hawk participants will receive:

- Mini-Basketball & T-shirt.

Course#	Day	Date	Time	Age	Mtg	Loc
294.1.531	M-F	6/26-6/30	9am-12pm	4-7	5	Mise

Flag Football

\$110

A great way for kids to be introduced to football, a sport rich in tradition. And because it is flag football, the introduction is both safe and fun. Players learn valuable football skills – catching, passing and deflagging as well as the rules and the strategies of offense and defense. Participant-to-coach ratio is approximately 14:1.

Flag Football participants must bring:

- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Lunch, Snack & Water Bottle (for programs over four hours)
- Two Snacks & Water Bottle (for programs four hours or less)
- Shoes (running shoes are fine)
- Sunscreen

Flag Football participants will receive:

- Football, T-Shirt and a Merit Reward.

Course#	Day	Date	Time	Age	Mtg	Loc
294.1.532	M-F	7/11-7/15	9am-12pm	7-14	5	Mise

Mighty Hawk Baseball

\$110

Unlike our full-day sport programs designed for 7 to 14 year-olds, the Mighty-Hawk programs were designed with a half-day format. The shortened program format will allow beginning athletes to experience sport-specific instruction in a non-competitive setting. Mighty-Hawk Participant-to-coach ratio is approximately 10:1.

Mighty-Hawk participants must bring:

- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle
- Shoes (running shoes are fine)
- Sunscreen
- Baseball glove (Mighty-Hawk Baseball participants)

Mighty-Hawk participants will receive:

- Sport-related Ball and T-Shirt.

Course#	Day	Date	Time	Age	Mtg	Loc
294.1.533	M-F	7/17-7/21	9am-12pm	5-8	5	Mise

Anti-discrimination Policy

It is the City of San Jose's policy to afford all persons equal opportunity by prohibiting discrimination in City's programs against any person on the basis of race, sex, color, age, religion, sexual orientation, actual or perceived gender identity, disability, ethnicity, or national origin. It is the City's policy/goal to expand opportunities for people with disabilities to participate in City services, programs and facilities.

SAN JOSE AFTER SCHOOL

Moreland Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-871-3820.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Baker Elementary School	*
Baker Park Apts.	*
Calabazas Branch Library	*
Castro Middle School	*
Country Lane School	*
De Vargas Elementary School	*
Dilworth Elementary School	*
Easterbrook Elementary School	*
Forest Hill Elementary School	*
Joaquin Miller Middle School	*
John Muir Elementary School	*
Latimer Elementary School	*
Lynbrook High School	*
Meyerholz Elementary School	*
Prospect High School	*
Rogers Middle School	*
Rogers Youth Center	*
Rolling Hills Middle School	*
Villa Garcia Apartments	*
Westmont High School	*

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

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